

THIS WEEKEND'S FAMILY ACTIVITY

The Family Policy Meeting

98 teenagers from all 50 states wrote a comprehensive AI policy in a single weekend. They finished before any adult body has managed the same. This activity is your family's version: 45 minutes, everyone gets a vote, and the rules you agree to are the ones you all follow.

Ages 8–14

45 minutes

Role-play

SKILL **Self-Governance**

WHAT YOU NEED

- Paper and pens for each person
- A timer
- One large shared sheet for the final rules

ACTIVITY STEPS

01

2 min

Call the Meeting to Order

Assign one person as the chair. They keep time and read the final rules aloud at the end. The chair opens with this statement: "We are going to write our family's AI rules. Everyone gets a vote. The rules we agree to today are the ones we all follow." That framing matters. This is not parents telling kids the rules. It is everyone deciding together.

02

8 min

Write Your Proposed Rules Silently

Set a timer for 8 minutes. Each person writes their proposed rules on their own sheet of paper. No discussion yet. Come up with at least three: one rule for what AI is allowed to help with, one for what it is not, and one for how you show you actually understood something you used AI to help with.

03

10 min

Read and Record Every Rule

Each person reads their rules aloud. The chair writes every single rule on the shared sheet without comment. No voting yet, no debate yet. Getting all the ideas on paper first means the conversation that follows is about the ideas, not about who proposed them.

04

15 min

Find Agreement First, Then Debate the Rest

Go through the shared list. Mark any rule that everyone agrees on immediately. Then debate the ones in dispute. Each person gets two minutes to argue their position. No interrupting. When both sides have spoken, the group decides whether to vote or keep discussing.

05

10 min

Vote, With One Twist

Vote on each disputed rule. Majority wins. But before any rule is finalized, anyone whose position lost the vote must state in one sentence what they understand about the other side's reasoning. This is not about changing the outcome. It is about making sure everyone leaves understanding why the rule exists, not just what it says. The chair reads the final agreed rules aloud. The family signs the sheet.
